



Kristin Flanary Lady Glaucomflecken

My perspective on the healthcare system is a unique one.

I'm married to ophthalmologist-by-day / internet comedian-by-night Dr. Will Flanary, aka Dr. Glaucomflecken. (Yes, I do accept condolences for that.) I've been "married to medicine" from pre-med to private practice, a patient, and a co-survivor of life-altering diagnoses.

By the time we were 30, Will had suffered two cancer occurrences. At 35, I woke up in the middle of the night to Will dying in our bed while our 8- and 5-year-old daughters were asleep in the next room. I called 911 and performed 10 minutes of CPR before help arrived. I took on the unexpected roles of caregiver and "co-survivor" of these traumatic experiences.

I've transformed that big, smelly pile of garbage into laughter, education, and advocacy through my social media alter ego, "Lady Glaucomflecken."

My work advocates for caregivers and co-survivors of critical illness, CPR/AEDs, physician families, adolescents, and young adults affected by critical illness, and sudden cardiac arrest survivorship.

Through my social media presence, impactful writing, creative multimedia projects, and poignant keynote speaking, I teach healthcare workers about the patient and family experience.

My goal is to make healthcare a little more human.

